



Suite 408 3621 Highway 7 East
Markham, ON L3R 0G6
Highway 7 and Warden- Liberty Square
905-752-6789 Ext 101; Fax: 905-752-1705

SAVE THE DATE!

COST of EMPATHY

Cultivating Self Care and Emotional Well Being as an Antidote to Empathy Fatigue

When: Saturday April 21, 2018

Time: 10:00-2:00

Location: TBD- in Richmond Hill/Markham area

Cost: \$149.00 per person

Organizers: Chrysalis Centre for Psychological and Counselling Services

- Cathy Sorichetti, M.S.W., R.S.W.,
- Karen Davis, B.Ed. Mindfulness Teacher and Educator/Practitioner
- Dr. Karen Ghelani, Ph.D., C.Pysch. Director of Chrysalis Centre

Who Would Benefit?

This workshop is ideal for front line workers, psychologists, social workers, nurses, therapists, child and youth workers, school counsellors, resource teachers, school teachers, other health care professionals, and others who work in professions requiring high levels of compassion.

Please contact Dr. Karen Ghelani, Chrysalis Centre, at 905-752-6789 Ext 101 for more information. Stay tuned to our website for updates.